

The Flavors of Faith: Holy Breads

Monroe, MI, June 3, 2013 – In a world of ethnic and religious conflict, author Lynne Meredith Golodner was struck by a powerful idea. One force unites people across all faiths and cultures: Food. Whatever may divide us, all religious traditions share transmission of tradition through food as a sacred value.

Interview Lynne Golodner about her new book, *The Flavors of Faith: Holy Breads*, which celebrates the ways that food and faith connect us all. An advanced reader copy is included for you to review.

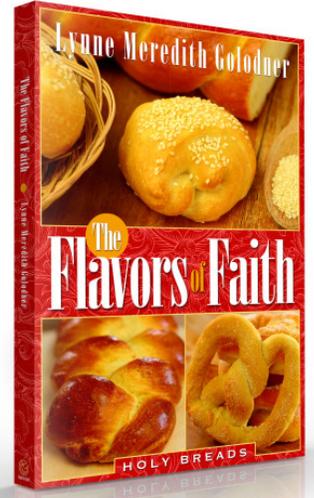
After many years of writing about food and faith for national magazines, Lynne knew this idea would appeal to communities everywhere. She spent two years collecting the inspiring stories behind the simplest Native Indian breads, Jewish challah loaves, Christian sacred, Muslim breads that support communities, and even New Orleans' Mardi Gras king cakes.

Every chapter of this ground-breaking book relays stories, traditions, histories and recipes, which are guaranteed to make mouths water.

Every week, Americans gather in small groups, congregations, community centers, libraries and homes to talk about their lives and the books they find inspiring. *The Flavors of Faith* is a groundbreaking opportunity to extend hospitality to neighbors of other cultures and explore our own in more depth.

This year is the 150th anniversary of America's Thanksgiving. One national effort to unite communities across cultural boundaries, *Season of Gratitude*, already plans to officially recommend *The Flavors of Faith* as one way for communities to easily organize diverse discussion groups this year. Lynne Golodner is already booking opportunities to speak to crowds about faithful foods that unite us. The appeal is so simple: Fascinated with faith and our world's colorfully diverse cultures? Like to make new friends? You'll love this book about timeless spiritual connections through food.

To schedule an interview with Lynne Meredith Golodner, please contact Jane Wells at jane.wells@DavidCrummMedia.com or (734)790-0201.



The Flavors of Faith: Holy Breads

By Lynne Meredith Golodner

108 pages

ReadTheSpirit Publishing

<http://www.readthespirit.com/bookstore/books/the-flavors-of-faith-holy-breads/>

Suggested Interview Questions for Lynne Meredith Golodner on *Flavors of Faith: Holy Breads*

1. The breads in your book are so diverse! How widely different are these bread traditions? What are some of the most unusual you found?
2. You're planning a series of books about food traditions that bring people together. Why did you start with bread? What's so universal about bread?
3. Can we share one of your favorite recipes with our audience? Tell us the story of this bread you're sharing with us.
4. Many people will want to enjoy your book in a group. So, how do they organize that? Have you got some tips for using this in a group?
5. You're inviting readers to share their stories and recipes with you—and you plan to share those with readers online. You're even inviting people to ask a question about a bread tradition they want to try. How do readers share a story or ask a question?
6. Bread unites people—but so do other foods. You're already exploring more food traditions for another book. What other kinds of food?

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Lynne Meredith Golodner

Lynne Meredith Golodner is a widely published author and guest speaker. Her articles on food, faith and family have appeared in *Cooking Light*, *Better Homes and Gardens*, *Saveur*, *Seventeen*, *Poets & Writers*, *Parenting*, *Parents*, *AARP*, *Midwest Living*, *Good Housekeeping*, and more. *Flavors of Faith: Holy Breads* is her eighth book. Her book on Jewish women and hair covering, *Hide and Seek*,



has gone through several printings to worldwide acclaim. With a BA from the University of Michigan and an MFA from Goddard College, Lynne has two poetry books and six non-fiction books published, including *Stand Out from the Crowd*, a DIY business book.

After 15 years as a journalist for national media in New York, Washington, D.C., and Detroit, Lynne Meredith Golodner created Your People LLC in 2007 to provide marketing, public relations and business development for entrepreneurs, businesses and non-profits. The Detroit-based business specializes in building business through storytelling and relationship building.

Lynne lives in Southfield, Michigan, with her husband Dan and their four children.