

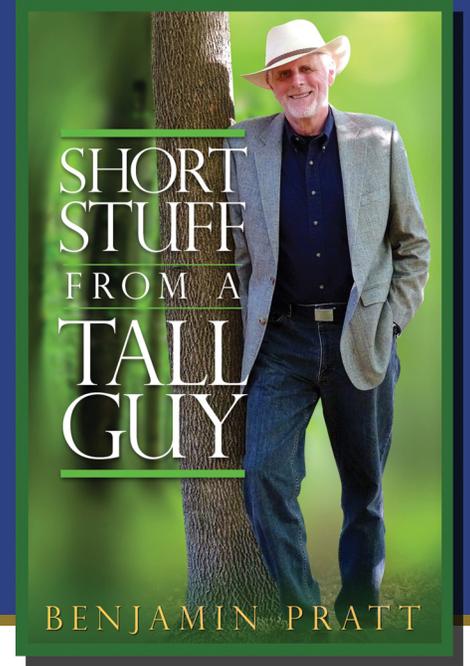


SHORT STUFF FROM A TALL GUY

By Benjamin Pratt

Popular author and counselor Benjamin Pratt helps men and women rediscover hope and purpose in their lives through his writing, teaching and public appearances. Now for the first time in book form, Benjamin Pratt collects dozens of columns that readers keep talking about as he travels and meets with groups of men and women.

In *Short Stuff from a Tall Guy*, (Read The Spirit Books, February 2015), Pratt invites readers to glean wisdom from their daily journey. He guides readers to fresh insights through compassion, humor and honesty about the dilemmas, doubts and challenges that men and women face everyday. All of his short, true-life stories lead readers toward the promise of hope and renewed energy for trying to make the world a better place. He encourages readers to develop an empathetic heart so that, “As a community we can share each other’s ache and share each other’s joy.”



“Early on in *Short Stuff from a Tall Guy*, Benjamin tells us that life is a matter of moral choice. We can choose courage or we can choose cowardice. He then offers so many examples of how the choice of courage makes up a life that is juicy, meaningful and full that we realize that courage makes the most sense.

—Geri Larkin, Buddhist teacher and author of *Plant Seed, Pull Weed*

“Somehow Ben manages to find the common thread in any issue so that, when you read one of his lively, life-giving chapters, you can’t help but think: That’s exactly right, but I have never thought of it that way before. He’s hit the proverbial nail on the head—beautifully, profoundly. And I’ll never think about this in the same way again.

—Peter Wallace, host of the nationwide Day1 radio program

The Rev. Dr. Benjamin Pratt is a retired pastoral counselor with 40 years of experience working with men and women facing a wide range of stresses and tragedies. He is a Fellow of the American Association of Pastoral Counselors and a retired member of the American Association of Marriage and Family Therapists. He travels widely to work with groups, conferences and other events. He has been a keynote speaker and is a veteran of designing workshops and weekend retreats, which he has conducted nationwide. He writes regularly for ReadTheSpirit online magazine and also is a featured columnist at the website for the popular Day1 radio network.

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Media, Examination, Review, & Custom Copies Contact:

Susan Stitt, Morgan Street Media Services

(770) 883-3111 • MorganStreetMedia@gmail.com

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