

*“Early on in Short Stuff, Benjamin tells us that life is a matter of moral choice. We can choose courage or we can choose cowardice. He then offers so many examples of how the choice of courage makes up a life that is juicy, meaningful and full that we realize that courage makes the most sense.”*

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Buddhist teacher and author of “Plant Seed, Pull Weed”



**THE REV. DR. BENJAMIN PRATT IS A POPULAR WRITER AND PASTORAL COUNSELOR WITH 40 YEARS OF EXPERIENCE WORKING WITH MEN AND WOMEN INDIVIDUALLY, IN SMALL GROUPS, RETREATS AND MAJOR CONFERENCES.**



*“Somehow Ben manages to find the common thread in any issue so that, when you read one of his lively, life-giving chapters, you can’t help but think: That’s exactly right, but I have never thought of it that way before. He’s hit the proverbial nail on the head —beautifully, profoundly. And I’ll never think about this in the same way again.”*

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